

Chapter 1



Count aloud
and play

Pizzicato

Say *fly*
for each
quarter
note



Quarter notes

1
Count 1 2 3 4

2

3

Eighth notes

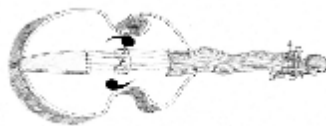
Say *spider*
for each
pair of
eighth notes



4
Count 1 + 2 + 3 + 4 +

5

6

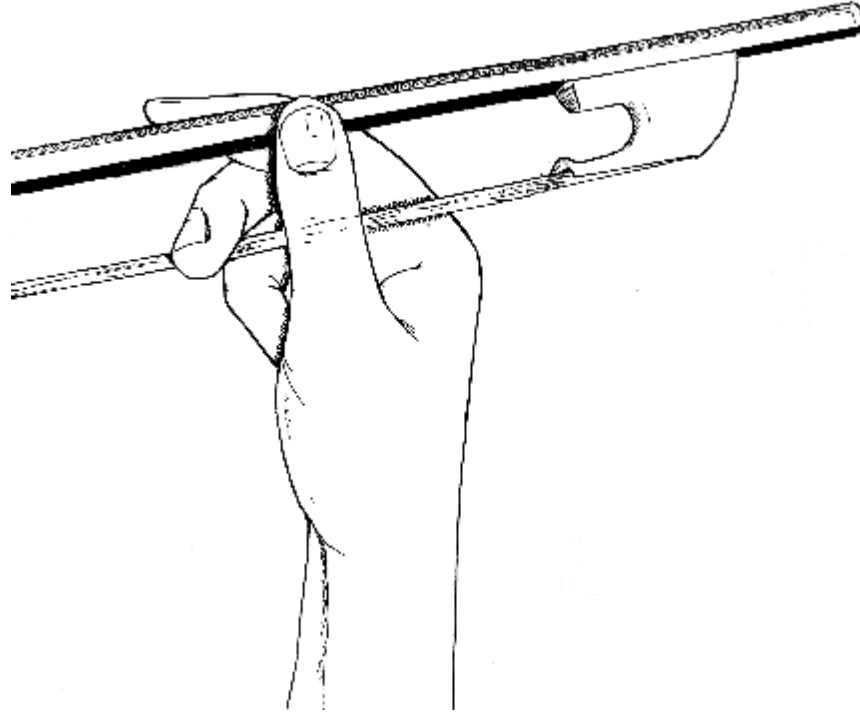


Quarter notes and Eighth notes together

6

Chapter 2

Playing with the Bow - *Arco*



Try 'Viol Aerobics' as a warm up exercise
Play 8 x C and 8 x E push bow ∇
4 x C and 4 x E pull bow □
2 x C and 2 x E

Start at the point of the bow



1



2

Chapter 3

New Note A

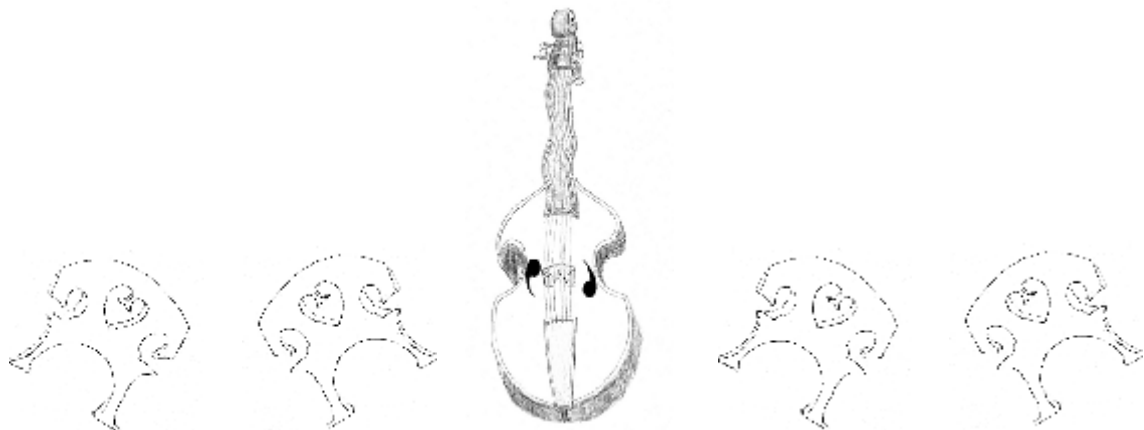
Three Tyrolean Mountain Songs

The Lonely Mountain Goat

CD 2
Tracks 13 & 14

Andante ♩ = 92 V

The musical score is written for a violin and piano. It consists of three systems of music. The first system is for measures 1-6, with a dynamic marking of *f* (2nd time *p*). The second system is for measures 7-11, with a dynamic marking of *p* (2nd time *f*). The third system is for measures 12-15. The tempo is marked *Andante* with a quarter note equal to 92 beats per minute. The key signature has three sharps (F#, C#, G#) and the time signature is 3/4. The score includes a 'Pupil' part and a 'Teacher' part. There are 'V' markings above the first and second measures of each system, indicating where to place the violin. The score ends with a double bar line and repeat dots.



Chapter 4



Try 'Viol Aerobics' as a warm up exercise from memory

*Play 8 x C 8 x E 8 x A 8 x E
4 x C 4 x E 4 x A 4 x E
2 x C 2 x E 2 x A 2 x E*

The A String

1 *New note B*
Play B with 1st finger on the 2nd fret

2 *New note C*
Play C with 2nd finger on the 3rd fret

3

4 *New note D*
Play D with 4th finger on the 5th fret
Keep all 4 fingers down when playing with 4th finger

16

Lost in Thought

Day Dreamily

CD 1
Tracks 37 & 38

Paul Sudlow

mf



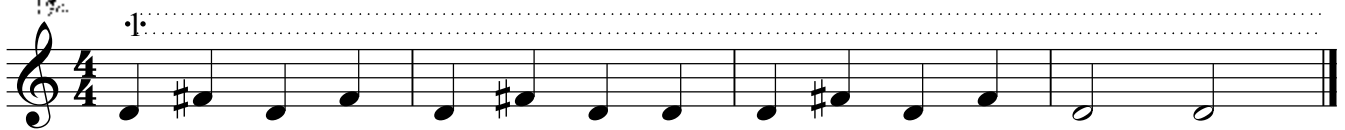
Chapter 5

Barring and Slurs



1 Barring on C and E strings

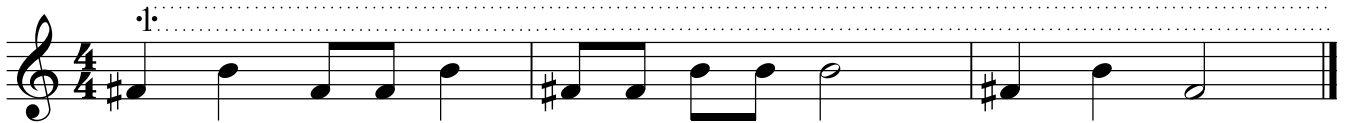
Put your 1st finger across 2 strings



*Try
pizz
first*



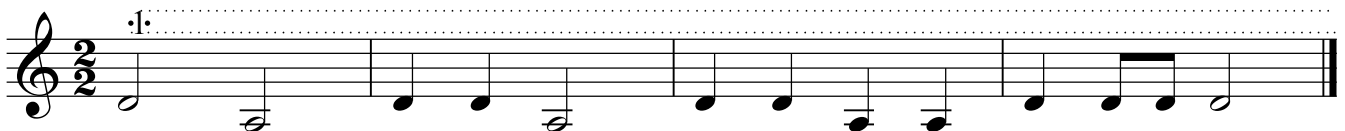
2 Barring on E and A strings



3 Barring on A and D strings



4 Barring on C and G strings



5 Barring on G and D strings



Chapter 6

The G String



28

Hymn

CD 1
Tracks 61 & 62

Andante religioso ♩ = 88

Paul Sudlow

5 *mf*

29

Valse Identity?

CD 1
Tracks 63 & 64

Tempo di valse ♩ = 100

Paul Sudlow

8 *f*

13 *p*

mf

30

The Warthog to his Paramour

CD 1
Tracks 65 & 66

Tenderly (about 180 degrees for half hour per kilo) ♩ = 80

Paul Sudlow

New note
low D

10 *mf*

15 *f (p)*

1. 2.



Mattachins

Fourth Consort Piece

CD 2
Track 66



Heavily ♩ = 100

Arbeau (arr. Jacqui Robertson-Wade)

Musical score for the first system (measures 1-9). The score is in 2/4 time with a key signature of one sharp (F#). It features four staves: two treble clefs and two bass clefs. The music is marked *f* (forte). The first staff has a *V* (Vibrato) marking above the final measure. The second staff has a *f* marking below the final measure. The third staff has a *V* marking above the first measure and a *f* marking below the final measure. The fourth staff has a *f* marking below the first measure and a *f* marking below the final measure.

Musical score for the second system (measures 10-19). The score continues with four staves. Measure 10 is marked with a *10*. The music is marked *f* (forte). The first staff has a *V* marking above the first measure. The second staff has a *f* marking below the first measure. The third staff has a *V* marking above the first measure. The fourth staff has a *V* marking above the first measure. A note in measure 10 is marked with a *♮* (natural sign). A footnote below the system reads: "New note F natural *".

Musical score for the third system (measures 20-29). The score continues with four staves. Measure 20 is marked with a *20*. The music is marked *ff* (fortissimo). The first staff has a *ff* marking below the first measure. The second staff has a *ff* marking below the first measure. The third staff has a *ff* marking below the first measure. The fourth staff has a *ff* marking below the first measure.

* Play F natural with the 1st finger on the 1st fret on the E string